# Glossary for difficult words in the text:

1. **Multicultural** - Relating to several cultural groups within a society.
2. **Etiquette** - The customary code of polite behavior in society or among members of a particular group.
3. **Diversity** - The state of being diverse; variety.
4. **Inclusion** - The action of including or being included within a group or structure.
5. **Foundation** - The basis on which something is grounded.
6. **Social Interactions** - Activities where people engage with each other.
7. **Navigating** - Finding one's way through something.
8. **Misunderstandings** - A failure to understand something correctly.
9. **Norms** - Standards of behavior that are typical for a group or culture.
10. **Formal** - Following traditional standards.
11. **Professional** - Relating to work that requires special training or education.
12. **Comfort Zone** - A situation where one feels safe and comfortable.
13. **Body Language** - The use of physical behaviors to communicate nonverbally.
14. **Punctuality** - Being on time.
15. **Apologies** - Expressions of regret or sorrow for having offended or caused harm.
16. **Utensils** - Tools used for eating or cooking, like forks, knives, and spoons.
17. **Tipping** - Giving an additional amount of money to someone for their service.
18. **Sensitivity** - Awareness and understanding of others' feelings and emotions.
19. **Background** - A person's education, experience, and social circumstances.
20. **Beliefs** - Principles accepted as true by an individual or group.
21. **Colleagues** - People you work with.
22. **Dress Codes** - Rules about what clothing can be worn in certain situations.
23. **Subjects** - Topics of discussion.
24. **Appreciation** - Gratitude or recognition for something received.
25. **Helper** - Someone or something that helps or assists.